Ref.: AIKTC/WDGC/2022-23/ 04 15/12/2022

REPORT- WOMEN DEVELOPMENT AND GRIEVANCE REDRESSAL CELL IN COLLABORATION WITH

ANJUMAN I ISLAM'S KALSEKAR TECHNICAL CAMPUS

FEMALE HYGIENE PROGRAM

Introduction: The purpose of this report is to provide an overview and key insights from the Women Hygiene Management Seminar held on **24/01/2023** at **3RD Floor Classroom**, Architecture Wing. The seminar aimed to promote awareness and education about women's hygiene management, focusing on menstrual health and related topics. The event was organized by **RENTOKILL** and targeted women of all age groups.

Seminar Highlights:

- 1. Expert Speakers: The seminar featured renowned experts in the field of women's health and hygiene. They delivered informative presentations on various aspects of women's hygiene management, including menstrual hygiene, reproductive health, and personal care.
- 2. Menstrual Hygiene: A significant portion of the seminar was dedicated to menstrual hygiene management. The speakers discussed the importance of using sanitary products, proper disposal methods, and debunked common myths and misconceptions surrounding menstruation.
- 3. Personal Care: Alongside menstrual and reproductive health, the seminar addressed personal care practices that contribute to overall hygiene. This included sessions on maintaining proper genital hygiene, skincare routines, and the importance of a balanced diet for overall well-being.
- 4. Interactive Sessions: The seminar included interactive sessions where attendees could ask questions and seek clarifications from the speakers. This encouraged active participation and created a safe space for open discussions about women's hygiene-related concerns.

Conclusion: The Women Hygiene Management Seminar successfully achieved its objective of promoting awareness and education about women's hygiene management. The expert speakers, informative sessions, and interactive discussions contributed to enhancing the attendees' knowledge and understanding of menstrual hygiene, reproductive health, and personal care.

The seminar also fostered a sense of community and provided networking opportunities for women to connect and support each other. The distribution of informational materials ensured that attendees had resources to refer back to in their daily lives.

Moving forward, it is crucial to continue organizing such seminars and workshops to ensure ongoing education and support for women's hygiene management. By promoting awareness and addressing taboos surrounding women's health, we can contribute to a more informed and empowered society.



ANJUMAN-I-ISLAM'S

KALSEKAR TECHNICAL CAMPUS, NEW PANVEL

Approved by : All India Council for Technical Education, Council of Architecture, Pharmacy Council of India New Delhi, Recognised by : Directorate of Technical Education, Govt. of Maharashtra, Affiliated to : University of Mumbai.

□ SCHOOL OF ENGINEERING & TECHNOLOGY
□ SCHOOL OF PHARMACY

SCHOOL OF ARCHITECTURE



Attendees .



Ms. Sumaiya Sayad addressing the

attendees

Prof. Poonam Mhatre

Prof. Ramjan Khatik

Controller, AIKTC WDGC

(I/C Director, AIKTC)