



Annual Camp Report of NSS Unit SE-31

Day 1:

The first day of the camp was filled with enthusiasm, teamwork, and dedication as the volunteers of NSS Unit SE-31 worked together to set the stage for the days ahead.

Departure and Arrival:

- The team departed from the campus at 11:00 PM, fully equipped with all the groceries and necessary items required for the camp.
- They arrived at the destination in Apta, Maharashtra, at 12:00 PM, ready to begin their activities.

Site Preparation:

- Upon arrival, the volunteers immediately got to work, cleaning and organizing the area to make it suitable for their stay.
- They arranged the accommodations and prepared all the materials needed for the sessions and events planned for the camp.

Inauguration Ceremony:

- The inauguration ceremony was held at 3:00 PM at Dada Miya Diwaan Urdu High School.
- The event was attended by the school's Principal, two NSS programme officers, two faculty members, and students from the 8th and 9th grades.
- The presence of the students and faculty brought a lively and enthusiastic atmosphere to the ceremony.

Awareness and Interaction Session:

- The NSS volunteers conducted a session to introduce the students to the importance of the National Service Scheme (NSS).
- They shared details about the various activities undertaken by the NSS Unit in the past, showcasing the positive impact and values of community service.
- The session aimed to inspire the students to value teamwork, service, and giving back to society.

Speech by the Principal:

- The school's Principal addressed the gathering, expressing his gratitude to the NSS Unit for organizing such a meaningful initiative.
- He encouraged the students to actively engage in community service and highlighted the importance of contributing to society.
- Team building session was carried for school students NSS volunteers.

- His words left a lasting impression, motivating both the volunteers and the students.

Evening Activity:

- In the evening, the team organized an interactive session titled "Me and NSS."
- This activity allowed the volunteers to reflect on their personal journey with NSS, sharing their motivations, experiences, and the impact they aim to create through their efforts.
- The session fostered a sense of camaraderie and purpose among the volunteers, strengthening their collective spirit.
- Prof. Shah (N.S.S. Program Officer) shown venus, Jupiter, saturn, mars to students under star gazing activity as these planets were visible by naked eyes because of clear sky.

Conclusion of the Day:

- The day ended on a high note with all planned activities successfully completed.
- The team reviewed the day's accomplishments and began preparations for the next day, ensuring a smooth and productive continuation of the camp.



Day 2:

The second day of the camp was filled with excitement, learning, and teamwork as the volunteers of NSS Unit SE-31 engaged in a series of enriching activities, strengthening their bonds and making meaningful contributions to the community.

Morning Activities:

- The day began with a refreshing warm-up session that energized all the volunteers and prepared them for the activities ahead.
- Following the warm-up, the team went on a peaceful walk to the Patalganga River, enjoying the natural surroundings and appreciating the beauty of the environment.
- Upon reaching the riverbank, the volunteers engaged in light physical exercises like stretching and yoga, which helped them relax and rejuvenate.

Afternoon Session:

A) Guidance lecture for students

- In the afternoon, the female volunteers of NSS Unit SE-31 conducted a special session on various social and cultural topics.
- The session aimed to introduce the students to important themes such as gender equality, community service, and social responsibility, empowering them to think critically and contribute positively to society.
- The students were engaged and inspired by the presentations, and the session sparked thought-provoking discussions among the volunteers and the attendees.

B) Village Cleaning Drive:

- The team then took part in a village cleaning drive, focusing on promoting environmental hygiene and responsibility.
- Volunteers spread across the village, collecting litter and ensuring that the area was clean and well-maintained. This activity not only benefited the local community but also reinforced the importance of environmental conservation.

Evening Activity - Stargazing Program:

- As the evening approached, the group gathered for an exciting stargazing session led by Mr. Aathawale and Ms. Rupali Patil.
- The volunteers learned about various celestial bodies visible in the night sky, including planets like Venus, Jupiter, and Saturn.
- The session was interactive, allowing volunteers to ask questions and engage in discussions about the wonders of the universe.
- The group had the rare opportunity to spot the planets and even a satellite with the naked eye due to the clear sky, making it a memorable experience.

Conclusion of the Day:

- The day concluded with a set of light exercises and valuable instructions provided by Mr. Akram Shaikh to help the volunteers stay energized and prepared for the rest of the camp.
- The team reflected on the activities of the day, appreciating the knowledge gained and the strong connections forged through the shared experiences.

- Volunteers began preparations for the next day, excited about the ongoing impact they would continue to make in the coming days of the camp.







Day 3:

Day 3 of the NSS camp was another vibrant and impactful day, filled with learning, teamwork, and service to the community. The volunteers of NSS Unit SE-31 engaged in activities that not only enriched their knowledge but also strengthened their bond as a team and positively impacted the local community.

Morning Activities:

The day started with a refreshing exercise session by the riverbank. The tranquil environment, with the sound of flowing water and the fresh morning air, provided the perfect setting to energize the volunteers for the day ahead.

Following this, the team participated in an educational plant identification activity led by **Prof. Dhaval Shah** and **Mr. Mohsin**. The volunteers explored the riverside and nearby areas, learning about local plants and their medicinal properties. Prof. Shah and Mr. Mohsin shared valuable insights into the traditional uses of these plants, enhancing the team's understanding of nature's bounty. This hands-on activity left the volunteers with a renewed appreciation for the natural environment.

Afternoon Activities:

The afternoon began with a session on leadership and team building, conducted by **Prof. Dhaval Shah**. The session emphasized the qualities of effective leaders, the importance of teamwork, and how trust and communication can strengthen group dynamics. Through interactive exercises and discussions, the volunteers explored their potential as leaders and learned practical skills to work collaboratively.

Following this, the NSS volunteers performed a skit on ethical hacking for the students of **Dadamiya Diwan Urdu High School**. The skit creatively highlighted the importance of online safety and the responsible use of technology. Through humor and relatable scenarios, the volunteers engaged the young audience while delivering a critical message. The students actively participated, asking questions and sharing their own thoughts, making it an interactive and memorable session.

Evening Activities - Community Cleaning Drive:

As the day transitioned into the evening, the volunteers focused on a community cleaning drive around the **Civil Hospital** and **Dadamiya Diwan Urdu High School**. Dividing into groups, they worked diligently to clean public spaces, picking up litter, clearing waste, and sweeping the premises.

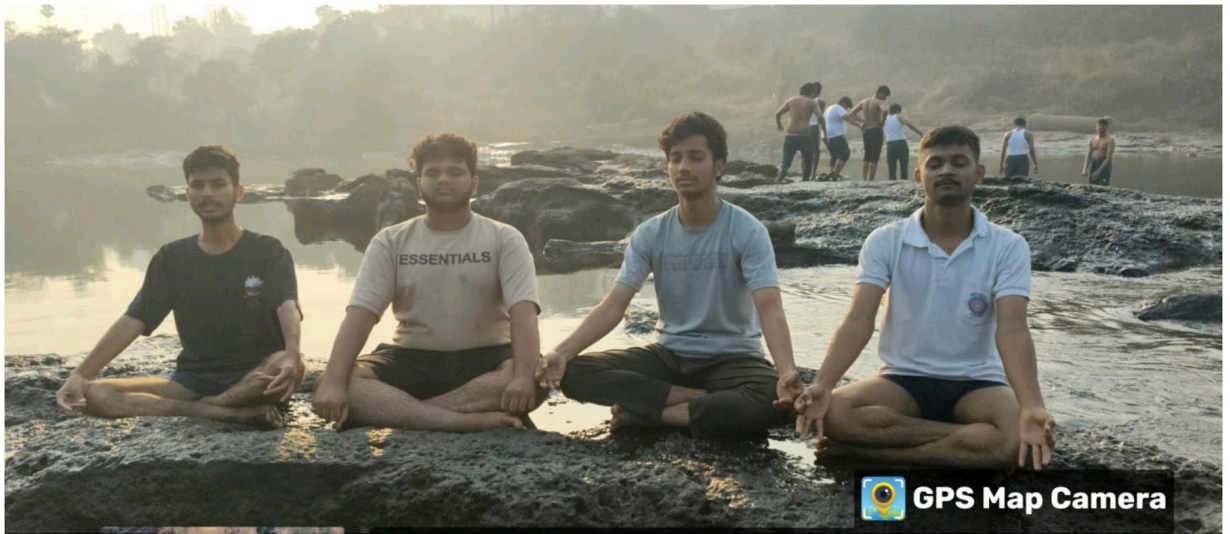
The cleaning drive was not just about tidying up; it was a collective effort to promote environmental hygiene and create awareness about the importance of cleanliness. Local residents noticed the team's efforts, with some joining in to contribute to the cause. This collaborative activity highlighted the impact of teamwork and the power of small actions in driving positive change.

Conclusion of the Day:

The day concluded with a set of basic exercises and important instructions provided by **Mr. Akram Sheikh**, a sports faculty member. This final activity helped the team wind down and reflect on the day's accomplishments.

The volunteers cherished the time spent learning about leadership, connecting with nature, and contributing to the community. Their shared experiences throughout the day not only strengthened their bond but also reinforced their commitment to making a meaningful difference.

As the team prepared for the upcoming days of the camp, their enthusiasm and dedication set a positive tone, promising more impactful activities and memorable moments ahead.





Apta, Maharashtra, India

Day 4:

Day 4 of the NSS camp was marked by a mix of physical wellness, community service, and insightful learning sessions. The activities engaged the volunteers and the local community, making the day both impactful and rewarding.

Morning Activities:

The day began with an invigorating exercise session, helping the volunteers prepare for the day's activities. The morning air and group energy created a positive start, setting the tone for a productive day.

At **10:00 AM**, the team collaborated with **Dr. Niket Gandhi** from **Paramount Hospital, Panvel**, to host an **Eye Check-Up Camp**. The camp was held for the benefit of school children, villagers, and even the NSS camp volunteers. With a professional team and organized setup, the camp provided essential eye care services to the community. Beneficiaries were given advice on eye health, and those requiring further care were referred for additional treatment. The initiative was warmly appreciated by the villagers, as it catered to an important healthcare need in the area.

Simultaneously, at **11:00 AM**, **Mr. Ganesh Gaikar**, Gramsevak of **Apta Village**, conducted a session on **awareness about government schemes**. This session was designed specifically for the NSS participants, aiming to educate them about the various welfare programs and services provided by the government. Mr. Gaikar explained schemes related to education, health, agriculture, and employment, ensuring that the volunteers could understand and potentially share this knowledge with others. The session was highly informative and inspired the volunteers to explore how such schemes could be utilized to benefit rural communities.

Afternoon Activities:

After a short break, the team gathered again in the afternoon for a session on **Disaster Management**, conducted by **Dr. Fauwaz Parkar**, Head of the Civil Engineering Department at **Kalsekar Technical Campus, Panvel**.

The session, held from **3:30 PM to 5:30 PM**, was highly engaging and practical. Dr. Parkar shared his expertise on disaster preparedness and mitigation strategies, emphasizing the importance of community awareness in reducing risks. The volunteers were introduced to essential skills such as first aid, evacuation planning, and communication during emergencies.

The session also included real-life examples and hands-on activities, making it interactive and memorable. The volunteers gained valuable knowledge that could be applied during crises, reinforcing their ability to serve the community effectively in challenging situations.

Conclusion of the Day:

As with previous days, Day 4 concluded with a set of basic exercises and instructions from our faculty member. This routine helped the volunteers relax and reflect on their accomplishments.

The day's activities left a lasting impression on the team. From the impactful eye camp to the enriching sessions on government schemes and disaster management, the volunteers felt inspired and empowered. Their interactions with experts and the community strengthened their sense of purpose and commitment to service.

With renewed energy and determination, the team looked forward to the remaining days of the camp, eager to continue making a difference in the lives of others.







Day 5:

Day 5 of the NSS camp was filled with a diverse range of activities that fostered creativity, health awareness, and a sense of social responsibility among the volunteers. The day was designed to combine hands-on community service with knowledge-sharing, creating an enriching experience for all involved.

Morning Activities:

The day started with an energizing set of physical exercises, including yoga and fitness routines, which helped the volunteers boost their energy and prepare for the day ahead. The fresh morning air and the group's collective enthusiasm set a positive tone, ensuring everyone was ready to engage in the activities that followed.

Following the exercise session, the volunteers conducted an Art and Craft Session with school students from the local area. This session aimed to inspire creativity in the young minds and encourage them to express themselves through various art forms. The volunteers guided the students in crafting simple yet creative art pieces, using eco-friendly materials. The children were excited to participate, and the volunteers found joy in interacting with them, sharing their own creative ideas, and fostering a sense of artistic expression in the community.

Afternoon Activities:

In the afternoon, the volunteers participated in a Rally on "Clean Cities, Healthy Citizens", a community awareness campaign focused on promoting cleanliness and hygiene in the village. The rally was a vibrant and impactful event, with volunteers spreading awareness about waste management, the importance of maintaining clean surroundings, and how cleanliness directly contributes to better health. The volunteers went to every street and corner of the village, engaging with local residents, handing out pamphlets, and encouraging them to adopt cleaner practices. The villagers were appreciative of the volunteers' efforts, and the rally helped spark a sense of collective responsibility towards cleanliness within the community.

Evening Session:

In the evening, a highly informative Cyber Awareness Session was conducted by Prof. Tamboli. The session focused on educating the volunteers about the growing threats in the digital world, including online scams, cyberbullying, data privacy issues, and safe internet practices. Prof. Tamboli emphasized the importance of online security, how to recognize fraudulent activities, and the role of digital literacy in today's world. The session was not only insightful but also practical, equipping the volunteers with the necessary knowledge to navigate the online world safely and responsibly. The volunteers left the session with a deeper understanding of the risks involved in the digital age and how to protect themselves and others.

Special Visit:

After the cyber awareness session, the volunteers had the privilege of receiving a visit from the **Director, Dr. Ramjan Khatik of AIKTC, and the Dean, Dr. Rajendra Magar of the School of Engineering and Technology, along with the Heads of Departments (HODs)** of each department in the School of Engineering and Technology. The leadership team spent time interacting with the volunteers, offering words of encouragement, and providing valuable guidance on how to continue their journey of service and leadership. Their visit was both motivating and inspiring, reinforcing the importance of community engagement and personal growth through such camps.

Night Activities:

Before the volunteers retired for the day, they were assigned specific duties to be performed the next day. These responsibilities were given to help them stay organized and prepared for the upcoming activities, further enhancing their leadership and team-building skills. The day ended on a reflective note as the volunteers looked forward to applying everything they had learned and experienced in the following days.

Conclusion of the Day:

Day 5 of the NSS camp was a perfect blend of creativity, health consciousness, and community service. From the art and craft session with school students to the impactful rally on cleanliness and the enlightening cyber awareness talk, the day offered valuable opportunities for personal growth and contributing to society. The visit by the esteemed faculty members also added an extra layer of motivation, reinforcing the importance of the volunteers' work and encouraging them to continue making a difference. The day concluded with a sense of accomplishment, as the volunteers eagerly anticipated the activities of the next day.







Day 6:

Day 6 of the NSS camp was marked by a perfect blend of physical activity, environmental consciousness, adventure, and digital safety awareness. The volunteers engaged in hands-on community service, physical exercises, and an enlightening session on cybersecurity, making the day both exciting and educational.

Morning Activities:

The day began with an early morning visit to the riverbank near the campsite for a cleanliness drive. The volunteers worked together to clear the riverbank of litter, plastic waste, and other pollutants, helping improve the local environment and raise awareness about the importance of keeping natural habitats clean. The task was physically demanding but rewarding, as the volunteers saw the immediate positive impact of their efforts in making the area cleaner and more beautiful.

After the cleaning drive, the volunteers participated in a yoga and exercise session by the river, taking advantage of the serene surroundings to relax their minds and rejuvenate their bodies. The tranquil environment created the perfect atmosphere for mindfulness and deep stretching exercises, with the flowing river adding a sense of calm and focus to the session.

Afternoon Activities:

Following the morning activities, the volunteers embarked on an adventurous trek to the mountain just opposite the camp site. This exciting adventure involved trekking and mountain climbing, which tested the physical endurance and teamwork of the group. The volunteers navigated through rough terrains, climbing rocky paths and overcoming obstacles. Along the way, they discovered several medicinal plants, which sparked curiosity and provided an excellent learning opportunity about local flora and their uses in traditional medicine. The volunteers were guided by the camp instructors and experts, who shared valuable information about the plants' healing properties and their cultural significance.

The trek was not just physically challenging, but also educational, as it allowed the volunteers to connect with nature and understand the importance of preserving both the environment and traditional knowledge about medicinal plants.

Evening Session:

In the evening, the volunteers attended an incredibly insightful Cybersecurity and Cyber Crime session conducted by **Advt. Pradip Ingole**. The session was focused on raising awareness about the growing risks in the digital world, including cybercrime, cyber fraud, and online security. Advt. Ingole provided practical tips on how to stay safe online, how to recognize potential cyber threats, and how to protect personal information from falling into the wrong hands.

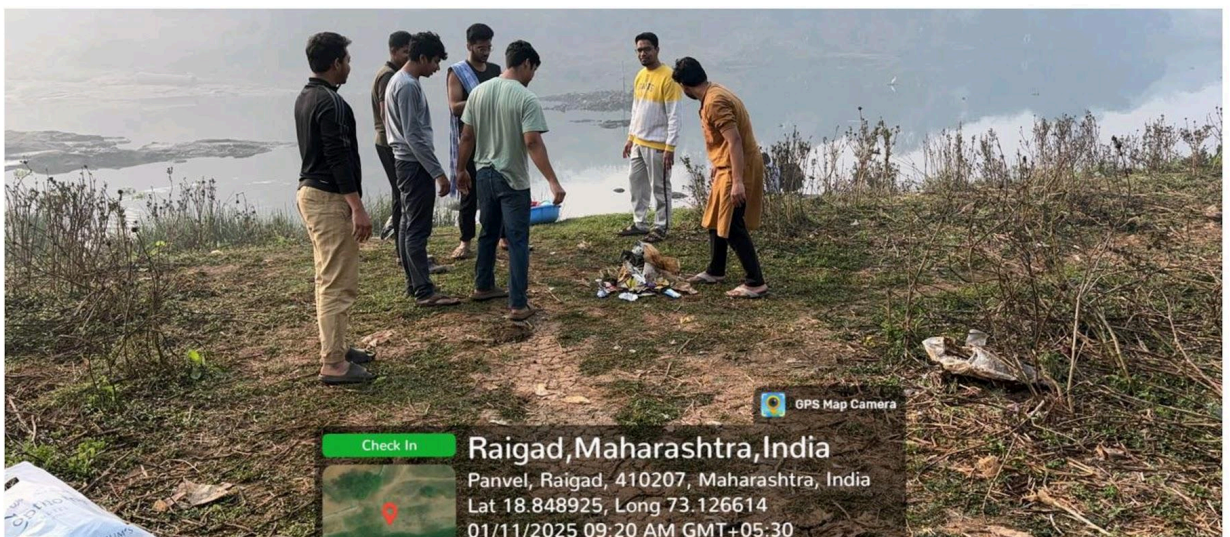
The session was highly informative and well-structured, with Advt. Ingole engaging the volunteers through real-life examples of cybercrimes, making the session relatable and easy to understand. He also covered topics like phishing, identity theft, online scams, and the importance of maintaining strong passwords and secure online practices.

The volunteers found the session incredibly interesting and informative, and they left with a newfound awareness of the digital world's risks and how to protect themselves from becoming victims of cyber fraud. The engaging nature of the session kept the students hooked, and they appreciated the practical advice provided by Advt. Ingole.

Conclusion of the Day:

Day 6 was one of the most rewarding days of the NSS camp. The volunteers were able to contribute to the community through their riverbank cleaning initiative and enjoy the physical and mental benefits of yoga and trekking. The exploration of medicinal plants during the trek added an educational touch, deepening their connection with nature. The cybersecurity session in the evening was a highlight, providing the volunteers with valuable knowledge on navigating the increasingly complex online world.

The day ended on a high note, with the volunteers feeling empowered by the knowledge they had gained and the positive impact they had made on the local environment. As the camp progressed, the sense of community and purpose among the volunteers grew stronger, making Day 6 a memorable and impactful experience for all involved.





Day 7:

Day 7 of the NSS camp was a day of reflection, learning, and community service. The volunteers of NSS Unit SE-31 concluded their week-long journey with a focus on safety awareness, social responsibility, and heartfelt farewells, marking the end of an enriching experience that fostered personal growth and deepened their connection with the community.

Morning Activities:

The final day of the NSS camp began with a morning exercise session, where volunteers gathered one last time to stretch, breathe, and invigorate their bodies. The session not only boosted physical well-being but also brought a sense of unity and reflection on the past days of effort and collaboration.

Session on Road Safety (11:00 AM – 12:00 PM):

From 11:00 AM to 12:00 PM, a vital session on road safety, rules, and regulations was conducted by distinguished speakers—Mr. Patil, Commandant of Road Safety Patrolling (Kokan Division), Mrs. Nalini Patil, RSP, and Mr. Firoz Sayyed, RSP. The session aimed at educating the volunteers on the importance of road safety, emphasizing:

- Understanding traffic rules and the consequences of neglecting them.
- The role of citizens in ensuring safer roads by adhering to regulations.
- Real-life examples of road mishaps and how they could have been avoided through vigilance.

The experts shared practical tips on how everyone can contribute to reducing road accidents, making the session highly informative and crucial for the volunteers' awareness of civic responsibility.

Afternoon Activities:

Concluding Session (1:00 PM – 2:00 PM):

The final, concluding session of the camp took place from 1:00 PM to 2:00 PM, with the presence of Mr. Patil, Mrs. Nalini Patil, and Mr. Firoz Sayyed. This session reflected on the week's experiences and highlighted the importance of applying the knowledge gained during the camp in everyday life. The volunteers were thanked for their participation and commitment, and the dignitaries emphasized the role of youth in societal development and personal growth.

Shramdan and School Cleaning:

After the concluding session, the volunteers engaged in a Shramdan (voluntary labor) activity, dedicating their efforts to cleaning the local school where the camp was hosted. This act symbolized their commitment to environmental cleanliness and community service, leaving a lasting impact on the school's infrastructure.

As the camp came to an emotional close, the school children who had bonded with the volunteers during the week gathered to bid them farewell. The warmth and appreciation from the children reflected the strong connections formed, and the volunteers were deeply touched by the time shared together, making it a memorable and heartfelt end to the NSS camp.

Conclusion of the Camp:

The NSS Unit SE-31 volunteers left the camp with a sense of fulfillment, enriched by the diverse experiences, knowledge gained, and friendships formed. As they embarked on their journeys back, they carried with them the lessons of social responsibility, environmental stewardship, and civic engagement, ready to apply them in their future endeavors.



